

# Appin Park News

LEARNING  
FOR LIVING  
I SHOW RESPECT  
I AM RESPONSIBLE  
I CARE

20th July, 2023

## Save the Date

### July

25 School Photos  
25/26 Parent Teacher  
Conferences

### August

7-10 Scholastic Book Fair

### September

5 Athletics Day  
14 F-2 Sleepover  
15 Footy Day  
15 End of Term



Hello Everyone,

The sun came out for us to start the week, which was a pleasant change. In the yard it has been great to see all students getting around trying different activities. There have been some fierce downball competitions going on. A volleyball match (with the ball removed from the roof only twice...) and lots of happy kids running around and enjoying the great play spaces we have available.

This week we say goodbye to Tracey, our beloved cleaner and education support staff member. Tracey has been driving the Appin Street route for 17 years now, as she had children, Hannah and Tom, attend here before she began working here for the last 10 years. Trace is always willing to lend a hand and knows where everything is – she's our go to girl! We will miss her dearly when she moves on but wish her all the best with her future endeavours.

Our Koorie Homework Club began this Tuesday. Flynn, Aurora, Linken, Abby, Marleigh, Rowena and Eadee were all able to take part in cultural activities in the art room. Marleigh excitedly said, "It's great and we are going to be making possum skin art work soon!"

We have also welcomed CASEA to our school. CASEA aims to support school staff and develop the social and emotional wellbeing of students. Please see below for more information.

Lastly, congratulations to our Foundation students who will complete 100 days of school this coming Monday. We have loved watching you learn the routine of school life quickly and are excited to see what you continue to achieve.

Craig Kerlin – Acting Principal

## Certificates of Recognition

*\*Lucy Waide\* \*Jimmy Kerlin\* \*Cleo Campbell\* \*Jayleigh Shephard Barkwith\**

Please return chocolate money and/or  
unsold chocolates this week.



### Donations Needed

We are in need of donations of long pants and underpants, particularly in small sizes (4-8). If you have any that your child has grown out of, please send them to school. Also, if your child has borrowed clothes, could you please wash and return them ASAP. Thank you.

Book Club  
Orders due  
Friday 21st July



School Photo ordering is now available on Compass (we are not sending home envelopes this year). Parent/Teacher conferences can also be booked. There is a link to the Compass login on our school website: <http://www.appinparkps.vic.edu.au> or download the app from the App Store. Did you know absences can also be recorded on the app? If you have any questions, or need your password reset, please contact Nicole at the office.

*It is with a heavy heart that after 10 years at Appin Park that I say goodbye to the Staff, families and students. It has been absolute privilege and joy to be a part of the Appin Park community. The warmth and support I have received from the staff, parents & incredible students has made my time here truly memorable.*

*I would like to express my gratitude to the staff for their unwavering support and guidance throughout my time at Appin Park. To the students, thank you. Your enthusiasm, curiosity and endless capacity for learning have been a constant source of inspiration for me. It has been an honour to have been a part of their educational journey and I will cherish the memories that we have created together.*

*I will sincerely miss being apart of this remarkable school. Continue growing and being the best version of you that you can be, stay true to yourself and remember there are no limits to what you want to do in life. Its not goodbye, but chat to you all soon.*  
Tracey

# 3/4 HAPPENINGS

## Poetry

Daniel the Dane

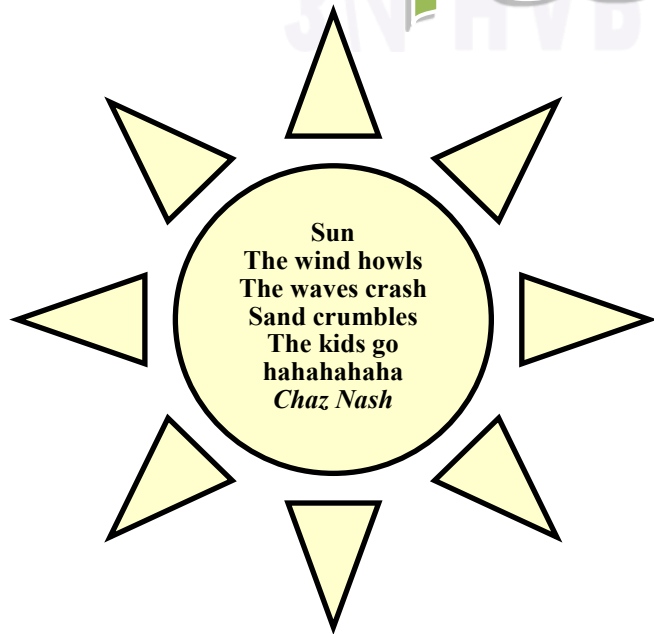
Darting, dancing,

Drippy and Dangerous.

Daniel Dane is delightfully determined.

Daniel the Dane, dodging and digging

*Adalynn White*



Snowflakes  
Elegant graceful  
Falling Dissolving Melting  
Ice Winter Frost Water  
Dropping Freezing Disappearing  
Fluffy White  
Snow  
*Geordie Bell*

### EQ in the 3/4 Unit this Week!

For EQ this week the 3/4 students played *SEAGULLS*. It's called *SEAGULLS* because as the students run around trying to get bean bags and a ball from each other, they sound like hungry seagulls competing for food. While the game only involves a ball and 8 bean bags, the large number of rules make it challenging to complete.

"The game taught us that whenever we feeling angry we need to stop and take a big breath" **Geordie Bell**

"We learnt to be respectful" **Bella Barnes**

"We learnt how to listen to each other and how to keep our emotions under control" **Keira Sutton**

"It was to help us learn how to work as a team. When someone makes us lose we shouldn't get frustrated and blame it on them" **Chase Glendenning**

"You have to be brave to be truthful" **Adalynn White**

### CYMHS and Schools Early Action (CASEA) Program

Your school has volunteered to take part in the CYMHS and Schools Early Action (CASEA) Program. CASEA is run in partnership between Child and Youth Mental Health Service (CYMHS) and local primary schools.

CASEA is a team of allied health professionals who will work with school staff over the year to help support the social and emotional wellbeing of students, and to support staff professional development.

Over the coming weeks, our CASEA team members will be spending some time in some of the classrooms, and working with teaching staff. We will also be offering support to parents and carers around questions or concerns with their child's social and emotional wellbeing and sending out information about how you can support these skills at home.

We encourage parents and carers to talk with their child's classroom teacher if they have any further questions about their child's involvement in the CASEA activities. Parents are also welcome to contact the CASEA team on 02 6051 7900 or [casea@awh.org.au](mailto:casea@awh.org.au)

#### Week 1 - Emotional Intelligence

Emotional intelligence is an important part of childhood development. Research suggests that a child's academic success is equally due to their emotional skills as it is to their cognitive abilities. (Liff, 2003).

Emotional intelligence includes the ability to:

- ◆ Identify and communicate emotions and feelings
- ◆ Manage emotions and interact with others appropriately
- ◆ Self soothe and regulate one's emotions
- ◆ Make and keep friends
- ◆ Manage change and difficult situations better

*Adapted from Tuning into Kids*

This week, take a moment to look out for different emotional 'body cues' in your child and try labelling the emotion that you are seeing in them. For example, "I can see that your **body** has gone **tense** and you are **red in the face** (body clues) - I wonder if you are feeling **angry** (emotion) about what just happened?"