# Appin Park News



5th October 2023

#### Save the Date

#### October

- 9 Assembly
- 16 School Council

#### **November**

7 Melbourne Cup Day

#### **December**

- 1 Student Free Day
- 8 Grade 6 Graduation
- 12 Statewide Transition
- 14 Family Night
- 20 Last day -
  - 1.15pm finish



Hello Appin Park Families

It is great to back for the beginning of a busy and exciting term 4.

I'd like to take the opportunity to thank Craig Kerlin for stepping up into the role of acting principal whilst I was away. It was reassuring to know that our beautiful school was in good hands and the feeling about the place this week was very calm and positive.

I feel very fortunate that I was able to take some time out to caravan through the Northern Territory and Western Australia. It gave me an appreciation of just how much there is to see and the diversity across the different environments from rocky gorges with beautiful swimming holes to stunning coastlines, it really was remarkable. After 18,000kms, it was nice to come home.

Term 4 has started smoothly, and I commend our staff for the work they have undertaken in planning and preparation. The swimming program commenced this week and will continue for 2 more weeks. Thank you to those families who have paid, payment is due tomorrow. Please keep a close watch on the newsletter and Class Dojo for upcoming events.





CASEA continue to work with us this term and have availability for targeted student/parent support sessions. The team are highly experienced. This is an opportunity to talk about any concerns you may have in relation to your child's social and emotional wellbeing. Consultation sessions are generally for 1 hour. CASEA can offer support and information on topics such as: Ways to respond to children's emotions, what children need to develop socially and emotionally, calming/regulation strategies, parenting styles & strategies and possible referral pathways to access further support. If you are interested in taking part or finding out more, please contact me at the office.

A reminder that all students are required to wear a broad brimmed hat (preferably navy) throughout term 4 when outside.

Fiona Carson - Principal

#### **Certificates of Recognition**

\*Lucas Doig\* \*Elyssa Hudson\* \*Zaidyn Barker\* \*Atelaite Cokanauto\* Jesse Walkerden\*

\*Seth Webster Mizzi\* \*Luke Welch\*

#### CHILD AND YOUTH MENTAL HEALTH SERVICE (CYMHS)

155 High Street (PO Box 1644) WODONGA VIC 3689

66-68 Faithfull Street WANGARATTA VIC 3677 Tel: (03) 5723 8900



## CASEA

#### (CYMHS and Schools Early Action Program)



Please join us for our CASEA Parent information session



- To develop an awareness and understanding of sensory processing.
- To be curious about how different environments influences your child's sensory responses.
- To explore strategies that will support the majority of children to stay regulated throughout the day.

#### Monday 16<sup>th</sup> October at 2pm Appin Park Primary School – Library

Nil cost - please just turn up on the day ready to listen, learn and ask questions.

If you have any questions please contact Lucia (CASEA) on 0448 032 763 or lucia.torrisi@awh.org.au



### FROM THE JUNIORS

At the end of last Term the Foundation, Grade 1 & 2 students all enjoyed being part of the junior sleepover. Students had a pizza dinner at school and played some games out in the dark on the oval - hide and seek was a big hit! We then watched a movie and went to sleep. After waking up, it was time to pack up all the sleeping bags, have breakfast and then enjoy the last day of term. Thank you to all staff and parent volunteers for their help in making this event a success.





Students have also started the annual swimming program this week.











