Hi everyone

WORLD RECORD HOLDERS: Last year, students created beautiful, multi-coloured pompoms as part of their work with textile crafts in Art. These pompoms became part of a world-record breaking attempt for the 'longest line of pompoms', organised by the Australian Country Spinners. The record was broken with over 130 metres of pompom garland including 6777 pompoms! Robyn and Malcolm Anderson (ACS) presented Ros Janas and students with our Guinness World record certificate and a section of the record-breaking pompom garland, at assembly on Monday morning.

STUDENT VOICE TEAM 2014: This week I spoke to students who had expressed an interest in being part of the Student Voice Team. Those who take on this role in 2014 will have an important job assisting staff and School Council as we review one of our most important policies: the Student Wellbeing & Engagement Policy. This covers facets such as anti-bullying, discipline and expectations, attendance, cyber-safety and other areas relating to the management of student health and wellbeing at school. The students will collect data and ideas from other children and provide their own opinions and input into other school improvement focus areas. There will also be some opportunities for them to contribute on behalf of our school, within the Wangaratta Learning Community (our state schools cluster).

The following students will make up this team: Mitch Carson and Edward Sessions (School Captains), Tayla Coonan, Noah Barling, Hannah Nish, Ebony Grant and Brandon Slifkas. Tayla, Noah, Hannah, Brandon & Ebony, along with all our student leaders, will also receive their badges at Monday morning’s assembly.

AFTER SCHOOL CARE: Just Kids has some vacancies at the moment - the high quality program offered by Gina and her team usually means that there is a waiting list for places. However, if you require after school care, please contact Gina on 5721 4799. Gina is usually available from 3.00-6.00pm. Just Kids can be a regular part of your child’s day, or you may choose to use it on a more occasional basis. Once an enrolment form is lodged, it only takes a phone call to organise this.

Fees are $15 per session. However, there are a number of subsidies and rebates available as it is a registered Child Care Facility and users are eligible for tax rebates and childcare benefits (depending on circumstances). Gina can explain more about this.

FUN RUN: At assembly, a large number of children indicated they have signed up for the Wangaratta Fun Run on Sunday, 23rd February. That's great!! It would be wonderful if all our competing students wore their school shirt on the day. There will be a ‘mustering point’ for Appin Park families at the event, to get the children together so they can enjoy it with their friends and encourage each other.

**Special Assembly, Monday - Tim McCurdy MP will be here to help present our school leaders, Music Leaders and Flag Monitor with their badges. The choir will also perform. All welcome.**

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<tr>
<th>17th-19th</th>
<th>26th-28th</th>
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<tr>
<td>Grade 3/4 C &amp; D 15 Mile Creek Camp</td>
<td>Grade 5/6 Sovereign Hill Camp</td>
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<tr>
<td>19th-21st</td>
<td>18th-26th</td>
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<td>Grade 3/4 A&amp;B 15 Mile Creek Camp</td>
<td>Somers Camp</td>
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PO Box 227 (Appin Street) WANGARATTA 3677
PRINCIPAL: Wendy Larcombe
EMAIL: appin.park.ps@edumail.vic.gov.au

Ph: 5722 1326
Fax: 5722 2524
SCHOOL: www.appinparkps.vic.edu.au
FRESH FRUIT MONDAYS:

In past years, we have been able to apply for special funding to provide this popular program. Children in P-2 classes were provided with a platter of fresh fruit and vegetables each Monday. For many children, it encouraged them to try new fruits and to eat a healthy snack with their classmates.

Last year, we successfully accessed a RCoW community grant, and APPA supported the program. However, this year, those avenues are not available. Therefore, School Council is asking interested families/businesses to sponsor a week's supply of fruit ($70) so that we can continue to provide this nutritious tasting experience for junior school children.

Silent Range Estate (Tim & Lisbeth Long) have generously offered to sponsor the next four weeks, and Andrew Lovett has signed up for the fifth week.

We also have a roster for parents who can help cut up the fruit (straight after assembly on Monday morning). It only takes 20-30 minutes and is a great way to get to know some other parents and to be part of your child’s school life.

NB: The donation is tax deductible, and we will certainly acknowledge businesses or families who are able to sponsor the program. If you are able to help, please complete the form below or let Nicole know by calling the office.

Wendy Larcombe

FRESH FRUIT MONDAYS

I would like to sponsor this program. Amount enclosed: _________________

Name: ____________________________ (or business name for tax receipt)

I would like to be on the fruit roster YES NO

Parent name: ______________________ Phone: ______________________

CYBER-SAFTY & YOUR CHILD: Supporting your child’s safe online social networking

I am sure many parents wonder how to manage the dilemma of building independence and trust versus concern for children’s personal safety. It is very common for children in the later primary years to put pressure on their parents to allow them to ‘message’ friends and family. It is vital that children understand the pitfalls of this way of communicating. Discuss the following aspects with your child to help them safely enjoy social networking.

**Limit your friend list.** Do you know your online friends in the real world? If not, consider changing your settings to limit access or remove them.

**Protect personal information.** Restrict information that people can use to identify where you live, work or go to school.

**Check on your images.** Does everything about your life really need to be online? How might this affect you and your reputation in the future?

**Stay respectful.** Are your posts respectful to friends and others? This is real life; being online is no excuse for bad behaviour. Once you press ‘SEND’ you can’t get the comment or picture back.

**Never arrange a meeting offline unless you already know the person.** There is no way of knowing who you are communicating with or if they are who/what they say they are.

Many popular social networks (FaceBook etc) are restricted to users only above 13 years of age. Parents should stick to this! You are allowed to say ‘No’. And, no, not everyone else is allowed to be on FaceBook! If you want more information, or your child wants to talk about online friendships, visit the Cybersmart Online Helpline ([www.cybersmart.gov.au/report.aspx](http://www.cybersmart.gov.au/report.aspx)) or they can call Kids Helpline on 1800 55 1800.

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Nihongo News

The year has started well in LOTE and the new preppies are getting right into it; I can’t go anywhere in the school without being greeted in JP from all sides, at knee level, of course. This week all grades learnt about Setsubun, the change in seasons from winter to spring. The littlies started work on a related colouring picture for their workbooks and also got an oni (ogre) mask to take home, compliments of a supermarket in Yokohama. The older kids made some little oni displays to take home. Next week, we’ll get our JP brains up to speed with some hiragana activities.

Monoshiri Sensei’s Culture Tips

Speaking of getting our JP brains up to speed, let’s start with 2014’s first JP quiz. For this week’s nazonazo, tell us the popularity of Tokyo metropolitan area, sometimes known as Greater Tokyo Area. The first correct written answer to me or to the main office will be the winner.

Sayōnara!
**STUDENT ACHIEVEMENT AWARDS**

_The Appin Park Community congratulates you._

_Students will be awarded their certificates at Monday’s Assembly_

**PF**  
**James Long** for the outstanding whole body listening he displays during group time. Keep up the great work.

**1E**  
**Lily Knox** for the fantastic way she has started the year. You are certainly ready for Grade 1. Well done.

**Ailie Witting** for the great way she has settled into Grade 1. Fantastic effort.

**1/2S**  
**William Petersen** for working very hard in all his learning tasks especially numeracy tasks and home reading. Well done!

**2B**  
**Tyson Geue** for the fantastic effort he is putting into all his learning tasks. Congratulations, Tyson. Keep up the great work.

**3/4A**  
**Logan Wright** for the great start he has made to school. He has a great attitude and is using his leadership skills to show others the way. Keep it up, Logan!

**3/4B**  
**Flynn Twyford** for his infectious smile and obvious excitement at learning new things and inspiring his classmates.

**3/4C**  
**Emma Crawford** for the quiet manner she has when completing all her tasks.

**5B**  
**Sarah Handley** for the great way she has started the year. She has settled back into Appin Park nicely.

**5S**  
**Ashlee O’Neill** for taking pride in the presentation of her work.

**6C**  
**Liam White** for the effort and care he took in creating a beautiful Heart Map, showing things that mattered to him, for use in Writing Workshops.

**6K**  
**Flynn Wright, Thomas Moore, Rhys Delahunty, Isaac Folino, Will Gulbin & Mitch Carson** for displaying excellent initiative and organisation to start up a lunchtime cricket.

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**Artist of the Week**

**Shanelle Moore** for her great effort in drawing her 2014 self portrait.

Well done, Shanelle!

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**Musician of the Week**

**Seth Mullins** for being a very enthusiastic class member and settling in so well in music class!

**Cammie Forster** for presenting a fantastic information sheet about the style of “Rhythm and Blues”.

Well done, Cammie!

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**SPORTS AWARD**

**Isaac Folino** for his encouraging words and support shown to his class. He showed appreciation for everybody’s efforts, not just his team.

**Naomi McGowan** for her great effort and focus when participating in an intensive PE session. She completed all activities in a very determined and motivated manner.

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**From The Chaplain…**  
**Are You a Helicopter Parent? (Part 1)**

Parents have always worries about their children – it’s part of the job description. Many parents see the world as a frightening, competitive place in which their kids very survival and success depends on constant vigilance. Today’s parents monitor their children much more than their parents monitored them. Michael Grose says, "Parents have developed an aversion to letting their kids learn through exploring for fear of the child making choices, a wish to make things easy and keep them happy." This hypervigilence has spawned the term ‘helicopter parents’. Helicopter parents hover over their children constantly during play, and leisure time is filled with lessons and activities.

**Why is this happening?**  
The daily bombardment of disaster stories from the media portrays the world as a dangerous place and parents natural reaction is to closet their child. Changes in the structure of communities means there are not always grandparents and neighbours to keep an eye on the kids as they walk to the shop or ride their bikes so all the responsibility falls on parents. In families with one or two children these children carry the hopes and aspirations of their parents. This may lead to higher expectations on these children as parents can feel that their success as a parent is judged on the achievements of their children. Parents with three or four children tend to relax about their behaviour and have more perspective.

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**Icy Pole Roster:**  
**Fri 14 Feb:**  
Grace Greco & Vanessa Luscombe

**Mon 17 Feb:**  
Kim O’Brien & Rebecca Feldtmann

**Wed 19 Feb:**  
Jill Britton & Vanessa Luscombe