Hi everyone…

BIKE HIKE: On a fairly gloomy day, our Grade 5/6 students made a bright splash on the local highways and by-ways as they completed their Bike Hike challenge. The weather was not great but the students, staff and parents made the best of it and ‘soldiered on’. Thank you to all the parents who came along to support the event, and to keep the children going.

We also had our local Member for Murray Valley, Tim McCurdy, along for the ride. Tim has made this an annual part of his calendar and he is a keen advocate for students riding, scooting and walking to school.

CONGRATULATIONS! Murray Townsend correctly guessed the number of jellybeans in the jar that has been on display in the office recently. This competition was organised by a group of our ex-students who are currently involved in the Wangaratta HS CLC (Year 9 Community Project) program. The students were raising money towards the Salvation Army’s Red Shied Appeal.

Thank you to our students and parents who supported this fundraising idea - the correct number of jellybeans was 646. Murray had guessed 650. Charlie Townsend is pictured here, happily accepting the prize on behalf of Murray.

‘WE’RE GOING TO THE ZOO, ZOO, ZOO… Our Prep students and staff: Sarah Foster, Robyn Dykes, Jackie Boyd & Tracey Clough, excitedly boarded the bus for Mansfield Zoo yesterday morning; gumboots and jackets on. They had a wonderful time, despite the soggy conditions. Thank you to the parent helpers who went along to assist and to ensure the children got the most out of this learning experience.

PROFESSIONAL LEARNING: Heather Foster and I spent Monday & Tuesday in Glen Waverly this week at our Network meeting. The agenda included visits to some of the large primary and secondary schools in that area. I visited Rangeview PS (Mitcham) which is a known as a high performing school. It was VERY affirming to see that they are also on the journey of implementing the Readers’ & Writers’ Workshop model in their literacy. At APPS, we are probably further along this journey. As parents, you can be very confident that your children are receiving a very high quality and ‘cutting edge’ education at APPS.

AND FINALLY...Thank you to the families who have already returned their Cross Country sponsorship and Chocolate Drive money. Funds raised from the latter will go towards our new shed and landscaping project.

CRAZY HAIR & HAT DAY TOMORROW - SEE PAGE 2 FOR DETAILS.

Wendy Larcombe
From The Chaplain...

The Catastrophe Scale

Do you have a child who is a catastrophiser? Catastrophisers exaggerate their worries and place enormous pressure on themselves by always letting their thinking go to the most negative outcome. This can make them feel miserable, worry, and may even prevent them from doing something they need or want to do.

The catastrophe scale is simply a vertical line with the numbers from 10 – 0 written down it. Ask your child to name the worst possible thing that could happen to them – that’s a ten. They could then suggest a number for other things that may happen such as a pet dying, losing their lunch etc. Then ask them to rate the thing that they are currently worrying about. You may even talk about what the worst possible scenario for this ‘worry’ could be. Quite often it will be quite low on the scale and looking at it on the scale helps them put it in perspective.

Chaplain Beth

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**House Shield**

With the results of the Cross Country being included to the tally of the House Shield, the gap between each of the sports teams has certainly reduced. Clarke (Red) made a significant gain with the addition of a great effort with earning the most money for the Cross Country sponsorship. The following amounts were raised by each of the Teams:

- Clarke (Red) $814.00
- Freeman (Yellow) $394.90
- Fraser (Blue) $313.75
- Bradman (Green) $277.75

The total amount raised was $1800.40. This money will provide some new equipment to add to our PE Program. Thanks to everybody who contributed to this event. Please forward any outstanding money that you collected to school before the end of next week.

The current overall House Shield results are:

- Bradman: 7528 points
- Fraser: 7298 points
- Freeman: 6972 points
- Clarke: 6806 points

There are still plenty of opportunities for teams to add to these scores, and positions can change very quickly.

**Bike Hike**

Last Friday the Grade 5/6 students participated in their annual Bike Hike. Although the weather was cool and very damp all the students and the many helpers keenly completed the various routes leading to Northbound McDonalds at Glenrowan. Distances ridden varied between 36 - 60 km and each student was challenged to ride their course without having to use the support vehicles. Climbs were faced and conquered, sore butts were overcome and forgotten about (until the next day!) and not even the rain could deter the riders from completing the task.

A big thank you to all the parents and grandparents who offered their help so that we could hold this event. Completing a challenging activity allows for the development of a sense of achievement and pride within each student: a very positive outcome for all. A special mention and thank you to Tim McCurdy who offered to ride with a group of our students and parents. It’s a positive sign when people from outside our school community offer to participate in events such as these.

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**CAN YOU HELP??** Our garden beds need a good weeding—the soil is soft and the weeds are growing!! if you have any time to come in and pull some weeds, we would really appreciate it! Just call into the office to let us know, or perhaps bring the children along for a play in the playground during the weekend and take control of one garden bed.

**THANKS IN ANTICIPATION!**

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**MINI MAESTROS - PREP F**

On Tuesday 10th June from 12-1pm Prep F will be participating in the Mini Maestros Concert. This concert involves the Prep grades from our school and other Wangaratta Learning Community schools performing items they have learnt as part of their music programs. Prep F have been very enthusiastic in their practising and are looking forward to performing. The concert will be held in the BER building. Please come along if you are able to.

Sarah Foster and Celine Muir (Prep and Music Teachers)

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**CRAZY HAIR AND HAT DAY THIS FRIDAY, 30TH MAY!**

Children are expected to wear their school uniforms but they can wildly style up their hair or wear a crazy hat! No donation is required. Join in our fun day and show your school spirit.

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**From The Chaplain...**

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Chaplain Beth

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**Winter Warmers starts next Wednesday**

Warm Milo $1, BYO plastic mug  Coconut & ANZAC biscuits 50c
**STUDENT ACHIEVEMENT AWARDS**
The Appin Park Community congratulates you.
_Students will be awarded their certificates at Monday’s Assembly_

**PF**  Mitchell Feldtmann for the great strategies he is using to work out tricky words when reading. Keep up the great work, Mitch.

**1E**  Bailey Walch for her enthusiasm, attention to detail and using “voice” during the Writers’ Workshop.

**1/2S**  Lucy Kiely for writing long and detailed answers when searching for information and for great home reading. Well done, Lucy!

**2B**  Coby Still for being a diligent and conscientious student who always completes her work to a very high standard.

**3/4A**  Lucas Paola for the convict poster he created during Quest. Fantastic work, Lucas!

**3/4B**  Tristan Fletcher-Blake for his enthusiastic and energetic attitude to learning. We know he is enjoying school!

**3/4C**  Kelly Hirschmann for her outstanding efforts in the cross country and gymnastics. She always tries to do her best.

**5B**  Bailey Hutchinson for settling into his new school so well and for the fantastic effort he put into the bike hike.

**5S**  Colin Pirret for working hard to achieve a big improvement in his spelling test score.

**6C**  Noah Gleeson for confidently completing the training for the Grade 5/6 Bike Hike and finishing the ride with a relieved smile on his face. Well done, Noah!

**6K**  Ebony Grant for the excellent approach she has to her writing tasks. Ebony has an outstanding vocabulary and uses her creativity to develop entertaining pieces of work.

**Tayla Coonan** for the wonderful approach she has to school and her willingness to help within the classroom.

**SPORTS AWARD**

**Matilda Forster-Paxford** for showing great concentration and technique when completing a boxing circuit.

_Alex Pitt_ for his focus and determination to complete a boxing circuit, showing a great keenness to push himself to get the most out of the session.

**Artist of the Week**

**Lily Donald & Hailie Keogh** for their attention to detail and lovely use of bright colours on their rock fish paintings. Well done, girls!

**Musician of the Week**

**Millie Carson** _Your enthusiasm, positive attitude and commitment to music is making you a leader in this area. Keep up the great work!_

**Fruit Roster 2nd June:**  
_Bee Feldtmann, Karen Still & Nicole Snowdon_

**ST JOHN AMBULANCE CADETS**

_are coming to Wangaratta_

_Juniors 8-11, Cadets 11-17_

Want to know more?  Come to an info session at the CFA Training Ground, Shanley St, South Wangaratta on 27th June, 2014, 7-8pm

Contact Lauren to register your interest 0488 102 296  
wodonga.cadet@stjohnvic.com.au

**Free Child Support Legal Advice - 17 June 2014**

Free half hour sessions between 9am & 12:30pm

Venue:  Upper Murray Family Care  
36 Mackay Street  
WANGARATTA  VIC  3677

Please phone (03) 9269 0408 for an appointment or 1300 792 387 during business hours.