Hi everyone…

TRIVIA NIGHT: We have a big crowd coming along to test their general knowledge tomorrow night. If you would like to join in the fun, there are spots on a couple of tables, or you could start a new table. Please contact Nicole by the end of school if you are intending to come but haven’t already booked a table - so that we can have enough places for you. There will be lucky door prizes and raffles on the night, along with the chance to have bragging rights as the winning table.

OTHER UPCOMING EVENTS:

CAR BOOT SALE: We are planning our Car Boot Sale on Sat. 5th September. There will be sites available for you to sell your treasures—start clearing out the bedrooms and the shed. There will be more information on next week’s newsletter.

THE EDUCATION STATE: Opinions and ideas from school communities across Victoria are being sought by the Education Minister, in response to a recently released discussion paper. This document outlines the government’s vision for improvements to schools. Areas of focus are: excellence, equity, engagement in learning, valuing expertise, working with and building community partnerships and acting with increased integrity, accountability and transparency. The consultation paper can be found at: www.educationstate.education.vic.gov.au

WELCOME: This week we welcomed our new Chaplain, Dave Reeks, to the staff team. Dave has had experience working as a Chaplain in other schools, and he has already met a number of students and parents. The chaplaincy service is a great support to our student wellbeing program at school, and many students have benefitted from working with our previous chaplains. Dave will be here on Tuesdays and Wednesdays each week. If you would like your child to take advantage of this service, please let me know, or call Dave direct by contacting the office.

CAN YOU HELP?? Thank you to those who have already offered or sent along items for the production. We really need the following:

- A Pantech truck with driver that could transport all our props to Wang PAC in the morning of Thurs. 27th August, and then collect the equipment & bring it back to school after the evening performance on Friday (28th Aug)
- Plastic fruit, fabric remnants, shopping baskets
- Face paint or make-up expertise to assist with getting the children ready to go on stage (Friday afternoon & evening)
- Light trestle tables that are easy to fold down

If you can help - please let me know as soon as possible. Email: larcombe.wendy.w@edumail.vic.gov.au or phone: 57221326, SMS: 0409217117.

Tickets for the concert will go on sale Monday, 3rd August, through the Wangaratta PAC website. There will be a matinee and an evening performance on Friday 28th August. All students P-6 will be involved in the concert.

Upcoming Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>17th July</td>
<td>Grade 5/6 Barr Reserve commences</td>
</tr>
<tr>
<td>24th July</td>
<td>Winter Sports Carnival</td>
</tr>
<tr>
<td>28th August</td>
<td>School Production - Wangaratta PAC</td>
</tr>
<tr>
<td>17th July</td>
<td>Trivia Night</td>
</tr>
<tr>
<td>3rd – 7th August</td>
<td>Scholastic Book Fair</td>
</tr>
</tbody>
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PO Box 227 (Appin Street) WANGARATTA 3677
PRINCIPAL: Wendy Larcombe
EMAIL: appin.park.ps@edumail.vic.gov.au

Ph: 5722 1326
Fax: 5722 2524
SCHOOL: www.appinparkps.vic.edu.au
Wendy Larcombe

The Lunch box sessions - Food fact #8:
Did you know that the recommended daily intake of vegetables is 5 serves a day? However, only 6% of Aussie kids eat this amount of vegies a day! Play lunch, lunch and dinner are ideal times to push up the vegetable intake. You can try munching on carrots with dip, savoury muffins or scones or even beetroot and chocolate cake, quiche/frittata, vegetable wraps or even vegetable juices.

Beetroot and chocolate muffins:
· 3 (about 375g) beetroot bulbs, peeled
· 265g (1 3/4 cups) self-raising flour
· 30g (1/4 cup) cocoa powder
· 1 tsp mixed spice
· 200g (1 cup, firmly packed) dark brown sugar
· 3 eggs, at room temperature
· 180g butter, melted
· 150g dark chocolate, melted, cooled
· 2 tsp vanilla extract

Preheat oven to 180°C. Line the muffin tins with pattie pans or oil them. Finely grate the beetroot into a bowl. Sift the flour, cocoa powder and mixed spice into a bowl. Stir in sugar. Stir in the beetroot, eggs and butter. Add chocolate and vanilla extract. Stir until just combined. Spoon among the prepared pans. Smooth the surfaces. Bake for 25 minutes or until a skewer inserted into the centres comes out clean. Set aside to cool completely.

Wanted For the Art Room
Small plastic squeezy jars with lids. eg peanut butter, honey, mayonnaise.
Thankyou, Ros Janas

Grade 3/4 Quest
Our Quest this term is “Proud to be Australian.” The children will be learning about the geographical features of Australia, as well as investigating the symbols, emblems, icons and celebrations that make Australia unique.
This term’s Quest should stimulate lots of discussion both at school and at home. What do we value about Australia, and why is Australia a great place to live?

Book Club orders are due back Monday 27th July

Book Fair Monday 3rd – Friday 7th August 8.30am-9am & 3.30pm-4pm

Nihongo News
As always, Term 3 will be very busy in the JP room. Yes, that’s right; the Japanese Speech Contest. Places are very limited this year and only the most dedicated kids will get to compete. Come and talk to me if you are interested, but make sure you are ready to work hard and do lots of practice. The contest will be held around the middle of September. Apart from that, there will be the usual fun and games that go with JP lessons. This week, we learnt about Tanabata (AKA, The Star Festival). Ask your child to tell you about it.

Monoshiri Sensei’s Culture Tips
Let’s start the term with a brain buster. For our first nazonazo, tell us what kanji is (are?) and how many of them JP primary school kids need to know. The first correct written answer to me or to the main office will be the winner.

Fruit Roster Monday 20th July
Margie Moore, Vanessa Luscombe, Annette Blanchfield, Kellie Robinson

2nd Hand Uniform Shop
Fridays 8.45-9am in the canteen.
**STUDENT ACHIEVEMENT AWARDS**

The Appin Park Community congratulates you. Students will be awarded their certificates at Friday’s Assembly

**PF** Axel Kiely for the excellent effort and attitude he displayed to improve his vortex throw and sprint starts in PE this week. Keep up the great work, Axel.

**P/1S** Tom Whitehouse for bringing healthy food to school every day and taking part in our healthy eating challenge. Well done, Tom!

**1B** Jioushian Side for always having a big happy smile on his face. He has settled in well to his new school and has made lots of new friends because of his cheery personality.

**2E** Skye MacKinnon Burman for the fantastic way she has settled into the new term. Skye is a quiet achiever who always works to the best of her ability.

**2M** Connor Webb for the great improvement with his spelling.

**3G** James Thewlis for starting off the term with a fresh attitude and setting himself some wonderful goals to work towards achieving.

**5S** David Vescio for regularly completing his homework and using his diary effectively.

**6C** Karissa Long for the kind and positive words she used while supporting her group during skipping in PE. It was a pleasure to hear!

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**Community Notice Board**

**Artist of the Week**

Grace Gregory for her great attitude and carefully following instructions.

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**COMMUNITY NOTICE BOARD**

Hooked into Hockey Returns for Term 3
Fun for the whole family. Program commences 16th June at 4pm at the Bill Eaton Reserve
Cost - $15 plus $35 insurance
For information please call Michael 0422 970 258

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**Pangerang Community House**

**TERM 3 COURSES FOR CHILDREN**

**Children’s Drawing** This class is for children who already enjoy drawing, it will teach them new techniques and the use of different mediums such as pencil, pastel.

**Dates:** Thursdays 30th July – 27th Aug  **Time:** 4.00-5.00 pm  **Cost:** $50.00

**Children’s Cooking** This course is for primary school aged children who have an interest in learning about cooking. They will learn basic techniques and recipes that they can go home and share.

**Dates:** Thursdays 20th Aug – 10th Sept  **Time:** 4.00-5.00pm  **Cost:** $40.00

**Children’s Yoga** This is a great children’s yoga class, with the focus on FUN. Yoga helps teach breathing, stretching and relaxation.

**Dates:** 4 x Tuesdays  4th Aug – 25th Aug  **Time:** 4.15-5.00pm  **Cost:** $40.00

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**TERM 3 PARENTING COURSES**

**POSITIVE PARENTING PROGRAM** An informative and fun course for parents of children aged 2 – 10 years that promotes positive, caring relationships between parents and their children. Looks at causes of childhood behaviour, encouraging desirable behaviour, building positive relationships and managing misbehaviour.

**Date:** 4 x Tuesdays  28th July – 18th August  **Time:** 10.00 – 12.00 noon  **Cost:** $35 / $25 conc

**“WHATEVER” PARENTING ADOLESCENTS** This 1 week course looks at adolescent development and the impact this has on parenting. It helps parents to use “emotion” “Coaching” to connect with their adolescent and help them learn to understand and regulate their emotions.

**Date:** 1 x Monday 27th July, 7.00-9.00pm or Monday 31st August, 7.00-9.00pm  **Cost:** $10.00

**RESILIENCE & ANTI BULLYING** This is a 2 hour information session for parents to learn some strategies for helping children learn resilience and ways of helping them with bullying.

**Date:** Monday 17th & 24th August, 6pm-8pm  **Cost:** $20.00/ $15 conc

These programs are being offered in conjunction with Gateway Community Health Service
Please contact Pangerang Community House for more information or to make a booking, phone 5721 3813
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