Hi Everyone:

ONLY 11 DAYS OF SCHOOL LEFT!! SO MUCH TO DO IN SO LITTLE TIME!! The following are key events that are happening during the next two weeks at school. Please check that you have them on your family calendar:

<table>
<thead>
<tr>
<th>DATE</th>
<th>WHO/WHAT/WHERE</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON, 7th Dec</td>
<td>Grade 6 Graduation Dinner—Grade 6 students and their parents/carers</td>
<td>6.00pm</td>
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<tr>
<td>TUE, 8th Dec</td>
<td>2016 Prep students’ final transition session &amp; parent information session</td>
<td>9.00-11.00am All day</td>
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<tr>
<td></td>
<td>2016 Year 7 students attend their secondary schools</td>
<td>9.00-11.00am 5.30pm</td>
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<tr>
<td></td>
<td>Current Prep—Grade 5 students’ transition activity</td>
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<td></td>
<td>2016 Prep family BBQ tea at school</td>
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<tr>
<td>WED, 9th Dec</td>
<td>‘Step Up’ program for Wangaratta HS 2016 Year 7 cohort</td>
<td>All day</td>
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<td>‘Night at the Museum’ - Grade 3/4 Quest finale—BER Bldg</td>
<td>5.00-7.00pm</td>
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<tr>
<td>THU, 10th Dec</td>
<td>Step Up’ program for Wangaratta HS 2016 Year 7 cohort</td>
<td>All day</td>
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<tr>
<td>FRI, 11th Dec</td>
<td>Swimming activities program—all grades</td>
<td>See notes sent home for details</td>
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<tr>
<td>MON, 14th Dec</td>
<td>Helpers’ Morning Tea—BER Bldg (invites sent home in schoolbags today)</td>
<td>11.00am</td>
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<td></td>
<td>School Council &amp; APPA Dinner Meetings</td>
<td>6.30pm</td>
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<tr>
<td>TUE, 15th Dec</td>
<td>Family Night—BYO tea—drinks &amp; raffle tickets on sale</td>
<td>5.45pm onwards</td>
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<td></td>
<td>See notes sent home for details</td>
<td>Show starts 6.30pm</td>
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<tr>
<td>WED, 16th Dec</td>
<td>Special activities (cinema, pool party etc)</td>
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<td>THU, 17th Dec</td>
<td>Special graduation whole school assembly—Grade 6 students’ families</td>
<td>9.10am—BigM</td>
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<tr>
<td>FRI, 18th Dec</td>
<td>Last day—School finishes at 1.30pm</td>
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YOU’RE INVITED!!! Today we sent home invitations to our regular helpers during the year. Some parents and grandparents make an ongoing, weekly contribution to our school, while others step in and can be relied on to help out with the big jobs once or twice a year. We REALLY appreciate the support and assistance of our parents and grandparents. We hope as many as possible of you can join us for our morning tea on Monday, 14th December at 11.00am. Just come straight up to the BER building. See you there!

THANK YOU!!! To Heather Foster, Andrew Lovett, Ross Moore, Kel Vincent, Kevin Feldmann, Thom Knox, Ash Clough, Travis & Romany White who got stuck in and cleaned out Room 10 last Sunday. It was a BIG job and done really well. Thanks also to those who came and rescued some of the stuff to re-use at home.

FAMILY NIGHT: This is held on the school oval. All children will be part of the performance. BYO chairs, rugs etc. Come along from 5.45pm with picnic tea, or just be here by 6.30pm for the start of the show. All welcome.

Could everyone please check at home for library books and return them to school ASAP. We need all books back by 11th December.

Upcoming Events

<table>
<thead>
<tr>
<th>7th Dec</th>
<th>Grade 6 Graduation Dinner</th>
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<tr>
<td>8th Dec</td>
<td>2016 Prep Families BBQ – 5.30pm at school</td>
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<tr>
<td>11th Dec</td>
<td>Swimming Activities all grades</td>
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<tr>
<td>18th Dec</td>
<td>Last Day of Term</td>
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PO Box 227 (Appin Street) WANGARATTA 3677
PRINCIPAL: Wendy Larcombe
EMAIL: appin.park.ps@edumail.vic.gov.au

SCHOOL: www.appinparkps.vic.edu.au

2016 BOOKLISTS SENT HOME TODAY
From The Chaplain… The benefits of reading to our kids

Recent research quantified what we’ve intuitively known about children and reading. That is, the more adults read to children from an early age, the greater the impact on their reading and thinking skills.

A study by the Melbourne Institute of Applied Economic and Social Research followed 4,000 children, aged four to five years in 2004 through to ages 10 and 11 and found that reading to a child six to seven days a week puts him almost a year ahead of a child who has not been read to. The study also found that children who were read to every day from a young age also have better numeracy skills in primary school. The benefits don’t stop at reading to pre-school aged children. The study found that kids who are read to more often keep doing better as they age than other children.

The finding sends a clear message to parents, and other adults such as grandparents – reading to children goes beyond a simple fun, bonding experience. It is perhaps the single most important activity you can do to give a child a head start in literacy.

So, how can we practically apply these findings? Stock up on your children’s book library at home. Establish a comfortable reading spot so that your kids associate that place with reading and books. Make reading to your kids a habit. If you’ve wriggly boys who don’t sit still, keep the reading time short and make sure the books are of interest to boys. The grubbier and gorier the content the better, usually! Make reading time interesting and fun rather than laborious and boring. That way your kids will always look forward to their reading time with you. Make sure your kids take plenty of books on visits and sleepovers with grandparents, and other relatives. Let them know how important reading daily to children is.

Until next time,
Chaplain Dave

Nihongo News

Gr5/6 held the first round of their sumō tournament this week. The finals will be held next week. Prep~Gr1 had an animal words memory challenge. Who could remember the most? Prep F Brady O 6 & Dylan T 6; P/1S Madeline C 5 & Ned J 5; Gr1B Cameron S 8. Grades 2~4 had mini sumō tournaments. The winners were: Gr2E Bailey W defeated Darcy K; Gr2M Liam C defeated Eliza B; Gr3R Hope H-W defeated Xavier P; Gr4R Tristian F-B defeated Emma W and in Gr4V Robbie S defeated Glenn G.

Monoshiri Sensei’s Culture Tips

April T (6C) knows what goes into chankonabe. Pretty well anything. Chankonabe is the stew eaten by rikishi every day to gain weight. It usually contains pork and vegetables, but can also have chicken, fish or beef. For this week’s nazonazo, tell us the JP word for school lunch. The first correct written answer to me or to the main office will be the winner.

Sayōnara!

APP Christmas Raffle

First prize in this year’s raffle is a cubby with thanks to Go TAFE.
Raffle tickets need to be returned by Monday 14th December.
Donations for the hampers can be left at the office.
The raffle will be drawn at Family Night on 15th December. Thank you.
**STUDENT ACHIEVEMENT AWARDS**

*The Appin Park Community congratulates you.*

*Students will be awarded their certificates at Friday’s Assembly*

**PF** Darcy Weeks for the way he can confidently use his reading strategies to help him work out tricky words. Great work, Darcy.

**P/1S** Imogen Walkerden for the outstanding effort and positive attitude she has shown when participating in Stomp sessions. Well done, Imogen. Keep it up!

**1B** Oliver Williams for showing resilience when completing all learning tasks and for the keen interest he has taken in our Quest on animals this term.

**2M** Bailey Ballard for the creative effort he is putting in when publishing his writing about bees.

**3G** Tyson Turner for having a great attitude towards school this term. Tyson has started to read at home and record it in his diary. Great effort, Tyson.

**4R** Emma Vickery for being a happy and cheerful member of the class who is trying her best at all learning tasks. Well done, Emma. Keep up the great work!

**4V** Harvey Moore for showing resilience and persistence when faced with difficult situations. Well done!

**5K** The Cast & Crew of the short film, The Laughing Competition for the outstanding job in writing, practising and performing their script and turning it into a short film with music and text.

**5S** Andre Roleff for a more enthusiastic and positive attitude towards his learning this term.

**6C** 6C and Helen for the outstanding effort you have made in completing your Grade 6 scrapbooks to be presented on graduation night. They are beautiful memories and your families will love them!

**6M** Ella Petersen for her focused effort to complete her graduation books. She has really applied herself to present finished products of high quality.

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**APPIN STAR AWARD**

Matthew Bell for the excellent attitude and independent approach he has towards his learning. Matthew strives to improve and achieve better results.

Thomas Clough for showing a developing confidence in his role as School Captain. Thomas has shown he has the qualities of a student leader and has represented Appin Park in a calm, respectful manner. Well done, Tom!

Ashlee O’Neill for always bringing her happy attitude and positive manner to school every day. She has a caring and supportive manner and includes everybody in all activities.

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**Artist of the Week**

Chenoa Nash for the very creative painting on her paper mache bowl. Well done, Chenoa.

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**Appin Park PS Community Award**

Xavier Pitt and Josh Sgarioto for being kind and caring towards the chickens and putting them outside each morning. Xavier and Josh took on this job without being asked and have shown great interest in the chickens since they were eggs in the incubator.

*Nominated by the Prep, Grade One and Two children*

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**NIGHT AT THE MUSEUM**

Grade 3/4 Quest Celebration
Come and see the amazing creations we have made using recycled materials.
Wednesday 9th December in the BER 5-7pm

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2nd Hand Uniform Shop  Fridays 8.45-9am in the canteen.
The Lunch box sessions

Sweet cravings... the struggle is real!!! Both adults and kids alike can suffer from craving sweet foods. While supplementation and dietary alterations can help with cravings, why not try a healthy alternative to the afternoon chocolate fix.

Chocolate fudge with zucchini in it.. ssshhh don’t tell the kids!!

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>1/2 cup shredded zucchini</td>
<td>(100g)</td>
</tr>
<tr>
<td>1 cup plus 2 tbsp water</td>
<td>(270g)</td>
</tr>
<tr>
<td>3 tbsp flaxmeal</td>
<td>(18g)</td>
</tr>
<tr>
<td>3/4 cup cocoa powder</td>
<td>(65g)</td>
</tr>
<tr>
<td>1/2 tsp salt</td>
<td></td>
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<tr>
<td>¾- ½ cup sugar of choice</td>
<td>(150g)</td>
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Instructions

Preheat oven to 180, and line a 9x13 baking dish with parchment paper. Whisk together the first 6 ingredients and let sit at least 5 minutes. Combine all other ingredients in a separate bowl, and stir very well. Pour wet into dry. Pour mixture into baking dish. Using a full sheet of parchment or wax paper, press down very firmly until the brownie batter evenly covers the pan. Bake 19-20 minutes, then pat down hard with a pancake spatula or another sheet of parchment. (If still undercooked, it’s fine. Just fridge overnight and they’ll firm up!) Let zucchini brownies sit 15 minutes before trying to cut into squares. Tip: as a general rule, cutting brownies with a plastic knife prevents crumbling. Makes 20-24 squares.

Icing

Mix 1/2 cup cocoa powder (40g), 2 tbsp pure maple syrup or agave (30g), 1/2 cup virgin coconut oil, melted (75g) spread over brownies and refrigerate for 15-20 minutes. These brownies taste much richer the next day, after the flavors have had a chance to intensify. Due to the melt nature of the icing, iced brownies are best stored in the fridge or freezer (they thaw well). These healthy brownies are high in fiber and Vitamin C, cholesterol-free, gluten-free, vegan, low in sugar (or sugar-free), and they even offer Omega 3s!

State Golf Championships

Yesterday, Grade 5 student Ella Bihun, travelled to Melbourne to compete in the State Golf Championships which were held at the Kooringal Golf Course. This is where the best students from every region converged on the course to complete an 18-hole event.

Conditions were nearly ideal for the game. A bit cool for the players and very little wind for the ball to change its flight path. Ella played in a group with 3 other boys and girls. Her short form of the game has improved and her pitching wedge was a strong point for the day, as was her putting, which was consistently steady. Her driving wasn’t as strong as it has been in her last competitions however she was still able to get some distance. Her score was very comparable to her results at the regional event, and consistency is one of the more demanding aspects of this game. She finished with a score of 107. Her result was better than last year and she still has another year to compete in this event. Congratulations, Ella. Keep on hitting that little white ball long and straight.

Award Winners

On the weekend two Grade 6 girls were recognised for their efforts in their chosen sports and awarded the highest accolades available to them. Annika Flanagan is a dancer with the Born2Perform School of Dance and was the recipient of this year’s Junior Scholarship. This is given to a dance student who has shown dedication and commitment to their dance and their teamwork and support that they show to their dance group.

Morgan Byrne was a member of the winning U12 basketball team in the grand final (along with Ebony O’Donohue) which was held last Sunday. To cap off a great year of basketball for Morgan she was awarded the MVP for the Under 12 Girls. Along with this award the Wangaratta Basketball Association also handed over a cheque to Morgan to help her pay for some of the costs that she will incur when she represents Country Victoria in the Southern Cross Championships, to be held in Melbourne during the holidays. This is a 4 day competition against teams from the other states within Australia, along with New Zealand.

Congratulations to both Annika and Morgan, and all the best to Morgan for her next basketball championship early next year.
**Fruit Roster 7th December:**
Jaki Burman, Margie Moore & Nicole Snowden
APPA is supplying fruit for the whole school for the last three Mondays of term. If you can help out please come to the canteen at 9am.

**ICY POLE ROSTER**
Fri 4th Dec: Robyn Delahunty & Vanessa Luscombe
Mon 7th Dec: Romany White & Students
Wed 9th Dec: Margie Moore & Lorraine Prior

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**Motor Neurone Disease Family Fun Day Fundraiser**
COME ALONG AND JOIN US FOR A FAMILY DAY OUT AT KING GEORGE GARDENS WANGARATTA VICTORIA BETWEEN 11-4PM ON SATURDAY THE 19TH DECEMBER.
FREE ENTRY
THERE WILL BE LIVE MUSIC BY DJ JUDD MULLINS
RAFFLES, SAUSAGE SIZZLE/COLD DRINKS, MND MERCHANDISE
FACE PAINTING, GAMES FOR THE KIDS
RAFFLE WILL BE DRAWN AT 3PM ON THE DAY
ALL PROCEEDS MADE ON THE DAY WILL GO TOWARDS MOTOR NEURONE DISEASE
FOR MORE INFORMATION CALL WENDY NEATE (03) 37224224

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**Vocal Dimension Inc**
present
**Christmas, Rejoice!**
a festive programme including Fantasia on Christmas Carols
by Ralph Vaughan Williams
Robert Boyd, tenor
Margaret Philips, piano
The North East Occasional Ensemble
Malcolm Halford, conductor

**BENALLA**
Friday 11 December at 8pm
Benalla Town Hall

**WANGARATTA**
Saturday 12 December at 8pm
Wangaratta Uniting Church
Rowan Street

Tickets at the door:
Adults $15
18 and under Free
Light refreshments will be available after the concerts.

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**MT HOTHAM JAN 23 - 24**
Children experience outdoor adventure activities in a controlled environment, close to services & amenities, in a very easy, family friendly way.

**ACTIVITIES**
- Trail Running
- Mountain Biking
- Orienteering
- Bushcraft
- Geocaching
- Kids Survivor Challenge
- Rock Climbing
AND MUCH MORE...

**CHRISTMAS SPECIALS**
And Vouchers to be won!!

Christmas Specials Start Monday Nov 30:
- 3 Christmas shortbread biscuits $1.50
- Cherry Ripe Slice $1.50
- Cheese and Bacon Mini Pizza $3.50

5 x $20 vouchers to be won - orders must be online and will be drawn the last week of school. (Mon 14th)

Try our new seasonal berry and yoghurt bowl available to order for either recess or lunch $2.50. Our lunch special of the chicken schnitzel burger or a sweet chili chicken wrap are also still available as is the raspberry muffin!!

Orders can be placed online at:
www.3rdlittleduck.com.au (payment can be via paypal, credit card, direct debit or cash) or placed into the lunch order box located at the front desk by 9am.

Don't Forget Healthy Rice paper rolls!!!
- Chicken Teriyaki Roll GF $2.50
- Vegetable (Avocado) Roll GF $2.50
J.T.STONE & SON PTY LTD
Master Plumbers
9 Bullivant Street
Wangaratta Vic 3677
Phone: (03) 5721 3033

Asphalt Supplies
5 Kerr Street, Wangaratta
Asphalt Paving
(03) 5722 2518
Car Parks
David: 0427 500 277/0407 367 600
davidsessionsptyltd@bigpond.com

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www.mawsons.com.au
Ph. 1800 423 456

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- Award winning wines
- Stunning view of the Alps
- Spring seasonal menu (bookings essential)
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(03) 5725 3292
www.silentrangeestate.com.au

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Carpet Dry Cleaning
“Don’t steam clean, dry clean”
Ashley Clough, Wangaratta Drytron
Call 13 12 50
www.drytron.com.au

Hume Bank
APPIN PARK SCHOOL BANKING DAY IS FRIDAY
Call 1300 00 Hume or visit a Hume branch: humebank.com.au
Hume Bank Limited, ABN 06 051 000 500 AFSL 234040

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Furniture repairs, antique restoration & polishing of new furniture.
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5722 2888  0407 218 915

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● Gourmet Selection ● Quality Assured
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Ph: (03) 5721 3822  A/H (03) 5271 5672

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www.drytron.com.au

Hume Bank
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Call 1300 00 Hume or visit a Hume branch: humebank.com.au
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